

A publication to promote our mission: "In community, love God, love others, serve both."



Physical address: 10435 Double R Blvd. Reno, NV 89521 Mailing address: P.O. Box 17831 Reno, NV 89511-1033

May 2023

## PRAYER LIST

Dalton, Marlene, Faron, Doug  
and Rev. Dr. Catherine, Jay, Fr.  
Rick, Judy, Shin, Mark, Victoria,  
Emily, Gail, Johnnie, Gary,  
Susan and Stephen

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## SERVICES

10 a.m. Sundays

10:30 a.m. Thursdays  
*Healing service with  
Communion*

11:30 a.m. Thursdays  
*Bible Study*

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## NOTES FROM THE VESTRY

**By Lajuana Bryan,  
Senior Warden**

We are looking forward to the "Holy Cow" assessment, which begins May 5 and ends May 26. Please participate either by filling out the online survey that will be emailed to you beginning May 5, or by picking up a hard copy of the survey in the entryway at church and returning it by May 26. Thank you.

The next Vestry meeting is May 11 at 4 p.m. Any parishioner is welcome to attend.

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**Senior Bundles' Spring Donation Drive is underway**



## IF EACH HAND LIFTS A LITTLE ...

... no hand has to lift a lot!  
Could you be a **Greeter, Tech Assistant, or Coffee Hour Host**? Please contact Sally Dickinson at 775-853-7850.

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## FINANCIAL UPDATE

	<u>March 2023</u>	<u>YTD 2023</u>
Income	\$11,128	\$38,067
Expenses	<u>\$ 13,705</u>	<u>\$ 39,378</u>
Net	- (\$ 2,577)	- (\$ 1,311)

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## VESTRY & OFFICERS

**LaJuana Bryan**  
*Senior Warden*  
**Charlie Dickinson**  
*Junior Warden*  
**Alison Gordon**  
**Cojean Herrin**  
**Beth Osborne**  
**Anne Towner**  
**Georgia Tachoures**  
*Clerk*  
**Sally Dickinson,**  
*Treasurer*

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## CONTACTS

### Prayer & Recovery Ministries

Joann McKeeman  
815-4637

[joannmckeeman@gmail.com](mailto:joannmckeeman@gmail.com)

### Lectors & EM's

Anne Towner  
827-3784

[annetowner@att.net](mailto:annetowner@att.net)

### Altar Guild

Linda Stetzell  
826-8585

[stetzreno@att.net](mailto:stetzreno@att.net)

### Lap Quilts for Seniors

Amy Heintz  
851-1026

[heintzad@gmail.com](mailto:heintzad@gmail.com)

## By Linda Kodet

We are beginning our Spring Season Senior Bundles project for the Life Care Center soon. We'll finish the collection on **Sunday, May 14**. The Center has expressed tremendous



gratitude for the ongoing generosity of our parish for bringing some joy into the lives of their patients as they do the hard work of rehabilitation and healing. About 25% of the residents are permanent, the other 75% are working hard to heal and get back to their lives.

The display board and collection boxes will be inside the front door of the church, so you can take a reminder card with all the info, decide what you'd like to bring, and leave your donation in one of the collection boxes on any Sunday until 5/14.

Thank you very much for your generosity. Please feel free to contact me if you have any questions:

*Linda Kodet, 831-776-9337, [linda@spacekodet.com](mailto:linda@spacekodet.com)*

## Senior Bundles Requested Items List

**Cozy Items:** Warm socks for men and women including non-skid socks, fleece blankets, wheelchair lap blankets (approximately 36"x44") knitted, crocheted or sewn;

**Grooming Items:** Body wash and body lotion for men and women, shampoo and conditioner for men and women, shaving cream, after-shave lotion, hand lotion, toothpaste, toothbrushes (single packs), emery boards;

**Personal Items:** Carry bags for walkers/wheelchairs, stamps, small seasonal items for room décor;

**Fun and Games Items:** Large print crossword puzzle books, large print word search books, large print sudoku books, coloring books, art supplies;

**Fun Food Items:** individually-wrapped snack foods like sugar-free hard candy, cookies, and other treats (not necessarily sugar-free)

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## Get tickets by May 28 for Episcopal baseball night at Aces ballpark

Join your fellow Episcopalians in the Northwest Mission District for some Triple-A baseball! It's the Reno Aces versus the Tacoma Rainiers on June 6 at Reno's beautiful stadium, Greater Nevada Field. The game starts at 6:35 p.m.

Tickets need to be purchased by **May 28**. Anyone who would like to go should sign up with LaJuana before then.

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### Senior Bundles

Linda Kodet

[linda@spacekodet.com](mailto:linda@spacekodet.com)

### Coffee Hour Hosts, Greeters & Oblationers

Sally Dickinson

[sbdickinson@sbcglobal.net](mailto:sbdickinson@sbcglobal.net)

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### LINKS

[The Episcopal Church \(national site\)](#)

[NV Episcopal Diocese web site](#)

[St Catherine's web site](#)

And click the icon below to visit our Facebook page!



Get together at church for yoga on **Mondays** and **Fridays** from **10-11 a.m.** The cost is \$6.

Please join us and invite your friends. Like more information? Email LaJuana Bryan: [lajuanabryan@gmail.com](mailto:lajuanabryan@gmail.com)

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### ALTAR FLOWERS



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## Interfaith Prayer Breakfast is the morning of May 17



You're invited to join the Nevada Interfaith Association at its annual Nevada Prayer Breakfast and pray, each in our own way, for our community.

We may believe differently in our approach to the Divine, yet we gather at the Nevada Prayer Breakfast equally, inclusively, and without discrimination for a common purpose. Together we devote our energies to the good of the State of Nevada.

Theme for 2023:

"Living Art: A Pathway to Peace"

Atlantis Casino Resort & Spa  
3800 S. Virginia St., Reno  
7-9 a.m., Wednesday, May 17

This year we honor "ARTOWN" for their vision to create a cultural rebirth in our city. The Reno Artown Festival draws approximately 350,000 people annually, both locals and out-of-state visitors.

Breakfast will be served at 7 a.m. Tickets are \$35 per person or \$280 per table. Click this link: [Purchase Ticket Here](#) for more information and to purchase tickets.

This will be an uplifting event with artist displays and diverse religious expression as we celebrate the culture, art and artists in our community that bring us joy and peace.

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## RSVP to the Episcopal Women of Nevada's Annual Spring Tea

Saturday, **May 6** is the Episcopal Women of Nevada's annual Spring Tea.



Traditional English tea will be served, and there will be raffle items and awards for best hat and best table.

The event begins at noon and lasts until 2 p.m. at St. Paul's Episcopal Church, 1135 12th St. in Sparks (located behind the Sparks Library).

Cost \$20 is payable at the door. **Please RSVP** to Stephanie Tall ([stef.tall@gmail.com](mailto:stef.tall@gmail.com), 775-287-4896) or Margaret Bouzek ([margaret.bouzek@gmail.com](mailto:margaret.bouzek@gmail.com), 775-232-4712)

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We welcome donations for altar flowers in honor of, or in memory of, someone you love. To sign up and select a special date, see the flower sign-up sheet at church (on the wall opposite the name tags in the foyer). Thank you!

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## SUNSHINE CLUB

The Sunshine Club is changing their meeting dates to the 4th Monday of each month, so their next meeting will be Monday, **May 22** at 11:30 a.m.

Do you know anyone in the parish who would like to receive a card or a phone call? If so, please call Joan Griswold at 775-870-6902 or Donna Young at 775-501-4730.

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## Energy medicine sessions available



**By Vickie Wright**

Energy medicine practices are found in diverse cultures and healing traditions. They are increasingly used within the hospital setting as a gentle intervention with the potential to improve quality of care and complement Western physicians.

Energy treatments are aimed at healing imbalances in the energy fields in and around the human body.

As a Reiki Master and a Level 5 Healing Touch Practitioner, as well as a RN with over 50 years of experience, I work with the client to find the best treatment program to address one's physical issues. I am happy to work with one's physician if they so desire. I also provide hypnotherapy, life coaching and breathing techniques to help with anxiety and depression.

I can be contacted on my cell at 775-560-9997 for an appointment or to answer questions. I do healings on **the 2nd and 4th Wednesdays** of every month at St Catherine's by appointment.

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**Catherine's Corner:** The book club will meet for a luncheon at noon on **May 10**. This will be our last meeting before the summer break. Please know, all are invited! We will have take-out, so please sign up so that we know the number of people attending.

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**Baby Bundles:** Donations for our area infants in need are collected on the first Sunday of each month, so our next collection will be Sunday, **May 7**. Please place your baby items in the collection basket at church, or you may contribute a check with "Baby Bundles" in the memo line. Thank you!

## Contact Us

For Pastoral needs please call the Church phone, 775-851-4168, or Sr. Warden LaJuana Bryan at 775-462-1700.  
We can supply home Eucharist visits, sunshine visits, or help meet other needs.

St Catherine of Siena Episcopal Church

Web: <http://stcatherinesreno.org>  
E-mail: [office@stcatherinesreno.org](mailto:office@stcatherinesreno.org)  
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